

alcohol-free

Avena sativa
OAT SEED

NERVOUS SYSTEM

Restore & Tone *



HERB  PHARM®

HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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Oat Seed Glycerite

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving	% DV
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Oat "milky" seed (<i>Avena sativa</i>) ① ② extract 801 mg ③	†
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† Daily Value (DV) not established

Other Ingredients: certified organic vegetable glycerin & distilled water. **Gluten-Free**

- ① Certified Organic ② Fresh (undried)
③ Extraction rate 350 mg fresh herb per 0.7 ml.

CONTAINS NO ALCOHOL

Fresh herb / menstruum ratio: 1 : 2

We prepare our Oat Seed Glycerite from the fresh (undried) seed of *Avena sativa* which is **certified organically grown** on our own farm.

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**