



Important: TruWeight & Energy is designed as a companion supplement for TruFix. Both supplements should be taken together for the maximum weight loss or energy benefit.

A note from the developers of the TruWeight & Energy: This supplement contains low levels of ingredients with stimulative properties. While we do not advocate or encourage the use of highly stimulant products (energy drinks, etc.), the use of these ingredients in moderation and in the right application, such as the caffeine found in headache medication, can have a positive impact on health. TruVision Health supplements do not contain compounds in quantities sufficient to cause dependence, withdrawal symptoms or side effects, (i.e. dizziness, heart palpitations, etc.) common to highly stimulative products. The ingredients used in our products facilitate a healthy, natural weight loss and/or feeling of energy.

Supplement Facts

Serving Size: 1 Capsule

Amount per Capsule	% Daily Value
Proprietary Weight & Energy Blend* 465 mg	**
B-6 30 mg	230%
Bioperine (Black Pepper) 3 mg	**
Chromium (12%) 2 mg	200%
B-12 Methylcobalamin 250 µg	104%

Percent Daily Values based on an active individual, mid-30's.

Ingredients: Proprietary Weight & Energy Blend*, B-6, Bioperine, Chromium, B-12
*AMP, Decaffeinated Green Tea Extract, Bitter Orange Extract (synephrine 30%) Caffeine, Phenylethylamine, Dendrobium
** Daily Value Not Established.

Warnings: This supplement is not intended for expectant or nursing mothers, or if you have a heart condition, high blood pressure or any other cardiovascular condition. This supplement is not intended for people under 18. Avoid taking this product with blood pressure, blood thinning or cold medications containing pseudoephedrine, ephedrine, PPA, or products containing caffeine. Before starting this or any supplement, please have your health care professional evaluate the supplement for compatibility with your current health and medications if applicable. If unpleasant side effects occur, discontinue use.



TRUVISION[®]
HEALTH

tru WEIGHT
& ENERGY[™]

Supports Optimal Weight & Energy



60 CAPSULES