



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (100% as beta carotene)	5000 IU 100%
Vitamin C (magnesium ascorbate)	300 mg 500%
Vitamin D (cholecalciferol)	2000 IU 500%
Vitamin E (d-alpha tocopheryl succinate)	100 IU 333%
Thiamine (Vitamin B1)	12 mg 800%
Riboflavin (Vitamin B2)	5 mg 294%
Niacinamide (Vitamin B3)	50 mg 250%
Vitamin B6 (pyridoxine HCl)	15 mg 750%
Folic Acid	400 mcg 100%
Vitamin B12 (methylcobalamin)	300 mcg 5000%
Biotin	300 mcg 100%
Pantothenic Acid (calcium pantothenate)	25 mg 250%
Calcium (calcium citrate)	25 mg 3%
Iodine (amino acid chelate)	100 mcg 67%
Magnesium (citrate/ascorbate)	30 mg 8%
Zinc (zinc citrate)	15 mg 100%
Selenium (selenium yeast)	150 mcg 214%
Chromium (chromium picolinate)	200 mcg 166%
Molybdenum (Krebs)	50 mcg 67%
Lutein (FloraGlo® Lutein)	10 mg †

Other Ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, silica and tocopherols.

Zeaxanthin	2 mg †
Boron (boron citrate)	3 mg †
Curcumin (Turmeric extract <i>Curcuma longa</i> (rhizomes))	5 mg †
Black Currant Extract, <i>Ribes nigrum</i> (fruit)	100 mg †
Bilberry, <i>Vaccinium myrtillus</i> (fruit)	100 mg †
Carrot	25 mg †
Squash	25 mg †
Apricot	25 mg †
Purity VitaBerry® Blend	45 mg †
Grape and Grape Seed Extract, Wild Blueberry and Wild Blueberry Extract, Raspberry and Raspberry Seed Concentrate, Cranberry, Prune, Tart Cherry, Wild Bilberry and Wild Bilberry Extract, Strawberry, Silicon Dioxide	
Purity Super Veggie Blend (VitaVeggie®)	100 mg †
Broccoli, Broccoli Sprouts, Tomatoes, Carrots, Kale, Spinach, Brussels Sprouts, Onions	
Citrus Bioflavonoids	100 mg †
Quercetin	25 mg †
Ginkgo Biloba (leaf)	50 mg †
Grape Seed Extract, <i>Vitis vinifera</i>	50 mg †
Milk Thistle Extract, <i>Silybum marianum</i> (seed)	15 mg †
Purity's BioAbsorb Complex™	13 mg †
Lactospore® (<i>Lactobacillus sporogenes</i>) Bioperine® (Black pepper extract, fruit)	
Lutein (FloraGlo® Lutein)	10 mg †
†Daily Value not established.	

MADE IN THE
USA.

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VitaVeggie® is a registered trademark of FutureCeuticals.
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FloraGlo® Lutein is a registered trademark of Kemin Industries.
Krebs = citrate, fumarate, malate, glutarate.