

**DO NOT USE IF SAFETY SEAL
UNDER CAP IS BROKEN OR MISSING.
STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN. DO NOT REFRIGERATE.**

This formula contains calcium and magnesium, which are used by the body to maintain bone health and normal muscle and nerve activity. The magnesium contained in this product also assists in better calcium homeostasis. This product's Advanced Delivery System is designed to provide more effective mineral absorption. In addition to regular exercise and a healthy diet, this formula may reduce the risk of osteoporosis, which is prevalent in Asian and Caucasian post-menopausal women.*

THE APEX DIFFERENCE

- Based on the latest scientific research
- Formulated for active lifestyles

USA ©2009 Manufactured Exclusively for Apex Fitness Group

4035 E. Thousand Oaks Blvd., Ste 260
Westlake Village, CA 91362

www.myapex.com



8 43066 0 1074 9

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

apex

CALCIUM WITH VITAMIN D & MAGNESIUM

**MAXIMUM
STRENGTH**

optimized for an active lifestyle*
essential for strong & healthy bones*
with vitamin D for enhanced absorption*

120 TABLETS

DIETARY SUPPLEMENT

CALCIUM WITH VITAMIN D & MAGNESIUM

**MAXIMUM
STRENGTH**

optimized for an active lifestyle*
essential for strong & healthy bones*
with vitamin D for enhanced absorption*

SUPPLEMENT FACTS

Serving Size: 2 tablets, daily

Amount Per Serving		%DV
Elemental Calcium	1000mg	100%
(from Calcium Carbonate 800mg Calcium Citrate 200mg)		
Vitamin D	200 IU	50%
Elemental Magnesium	500mg	125%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Silicon Dioxide, Hydroxypropylmethylcellulose, Triacetin, Titanium Dioxide.

Suggested Use: As a dietary supplement, take 1 or 2 tablets daily with 8oz of water. As a general rule, these minerals are best taken with meals. Some individuals may wish to take a dose at bedtime to provide nutritional support for tense muscles.*

Contains soybeans.

Does not contain sugar, salt, starch, yeast, artificial coloring, flavoring or preservatives.

Utilizes a natural protective coating.

Consult a healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs. Do not use if you are pregnant or lactating.

121462 EXP.04/2014