**DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**
STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

**FOR ACTIVE WOMEN UNDER AGE 50.** With Biotin, Beta Carotene, Vitamins A, C and E for healthy hair, skin and nails. Folic Acid, Calcium and Vitamin D for reproductive, bone and heart health.*

**THE APEX DIFFERENCE**
- Based on the latest scientific research
- Controlled release delivery system for optimal nutrient absorption

Combine with the Apex Super Antioxidant and Advanced Calcium for optimal health benefits.

**NO WHEAT, GLUTEN, MILK, EGG, SOY, PEANUTS OR ANIMAL PRODUCTS.**

**WARNING** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Consult a healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

www.myapex.com

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4035 E. Thousand Oaks Blvd., Ste. 250
Westlake Village, CA 91362

APEX FITNESS GROUP

GUARANTEED QUALITY Laboratory Tested

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

apex®

DIETARY SUPP

# WOMEN'S
## MULTIVITAMIN

FORMULATED FOR PHYSICALLY ACTIVE WOME

TIMED RELEASE

naturally increases energy*
optimized for an active lifestyle*
supports bone and reproductive hea

60 TABLETS

apex®

DIETARY SUPPLEMENT

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## MULTIVITAMIN

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ETS

## SUPPLEMENT FACTS
Serving Size: 1 Tablet

| Amount Per Serving | | %DV |
|---|---|---|
| Vitamin A (80% Beta Carotene, 20% Acetate) | 5,000 IU | 100% |
| Vitamin C (from Ascorbic Acid, Calcium Ascorbate, Ascorbyl Palmitate) | 300 mg | 500% |
| Vitamin D (as Ergocalciferol) | 400 IU | 100% |
| Vitamin E (from d-Alpha Tocopheryl Succinate) | 100 IU | 333% |
| Vitamin K (as Phytonadione) | 75 mcg | 94% |
| Vitamin B1 (from Thiamin Mononitrate) | 6 mg | 400% |
| Riboflavin | 8 mg | 471% |
| Niacin (as Niacinamide) | 17.5 mg | 88% |
| Vitamin B6 (from Pyridoxine Hydrochloride) | 9 mg | 450% |
| Folic Acid | 500 mcg | 125% |
| Vitamin B12 (Cyanocobalamin) | 15 mcg | 250% |
| Biotin | 300 mcg | 100% |
| Pantothenic Acid (from d-Calcium Pantothenate) | 15 mg | 150% |
| Calcium (from Calcium Carbonate) | 150 mg | 15% |
| Iron (from Iron Glycinate Chelate) | 10 mg | 56% |
| Iodine (from Kelp) | 150 mcg | 100% |
| Magnesium (from Magnesium Oxide) | 70 mg | 18% |
| Zinc (from Zinc Oxide) | 12 mg | 80% |
| Selenium (from L-Selenomethionine) | 100 mcg | 143% |
| Copper (from Copper Gluconate) | 1.5 mg | 75% |
| Manganese (from Manganese Gluconate) | 2 mg | 100% |
| Chromium (from Chromium Picolinate) | 100 mcg | 83% |
| Potassium (from Potassium Citrate) | 30 mg | <1% |
| Boron (from Boron Citrate) | 1 mg | * |
| Vanadium (from Vanadium Chelate) | 25 mcg | * |
| UltraGreen® Blend | 100 mg | * |

(Alfalfa (*Medicago sativa*), Peppermint (*Mentha piperita*) (leaf), Spearmint (*Mentha spicata*) (leaf), Spinach (*Spinacia oleracea*) (leaf), Spirulina)

* Daily Value (DV) not established

Other Ingredients: Hypromellose, Cellulose, Stearic Acid, Acacia, Silica, Dibasic Calcium Phosphate, Titanium Dioxide, Magnesium Stearate, Maltodextrin, Cornstarch, Rosemary Oil Powder, Polyethylene Glycol, Caramel Color, Polysorbate 80.