

D3 5,000 + K provides 5,000 IU per softgel of vitamin D (as D₃), designed for greater absorption. This high potency formula also includes bioavailable forms of vitamin K₂ (menaquinone-7) to complement vitamin D.

Directions: Take one softgel daily or as directed by your healthcare practitioner. Do not exceed recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: If pregnant or nursing, taking other nutritional supplements or medications, or if taking anticoagulants, consult your healthcare provider before use. Keep out of the reach of children.

Notice: This product contains vitamin D at a level that exceeds the adult tolerable upper intake level. It is highly recommended that serum 25(OH)- and 1,25(OH)₂-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

Storage: Keep tightly closed in a cool, dry place.

This product is manufactured in a facility that produces products containing wheat, soy, milk, egg, tree nuts, fish, and crustacean shellfish.



D₃ 5,000+K

High Potency, Bioactive
Vitamin D with Vitamin K

**DIETARY
SUPPLEMENT** 60 SOFTGELS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol)	5,000 IU	1,250%
Vitamin K [90 mcg as menaquinone-7 (MK-7) and 20 mcg as phytonadione]	110 mcg	138%

Other Ingredients: Olive oil, gelatin, glycerin, beeswax, water, annatto extract (color), and zinc oxide (color).

DISTRIBUTED BY: METAGENICS
GIG HARBOR, WA 98332 • 800 692 9400