

SUGGESTED USE

Take within one hour before bedtime.

Adults: 1 teaspoon

Kids Ages 6-8: ½ teaspoon

Kids Ages 9-12: ½ teaspoon

Shake well before use. Refrigerate after opening.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Do not use if cap seal is broken.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ID#:
BEST BY:

meetyourherbs.com

gaia
HERBS

IMMUNE SUPPORT



Black Elderberry NightTime Syrup

3 FL OZ (89 mL)
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container About 18

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	5 g	2%*
Total Sugars	4 g	†
Includes 4 g Added Sugars		8%*

Black Elderberry (*Sambucus nigra*) fruit juice concentrate ▲

Acerola (*Malpighia glabra*) fruit extract ▲

Proprietary Blend

Lemon Balm (*Melissa officinalis*) leaf extract ▲, Grindelia (*Grindelia camporum*) flowering tops extract ▲, California Poppy (*Eschscholzia californica*) leaf extract ▲

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Organic cane sugar, water, lemon fruit juice (to preserve freshness) and xanthan gum

▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth
Manufactured for Gaia Herbs by Aboca S.p.A. - Italy, PRODUCT OF ITALY

[101] 1017-0718



[101] 1017-0718

Best By:

Lot No:



meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
CERTIFIED ORGANIC



PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated extracts provide a delicious & convenient way to get your daily dose of herbs.

Discover our Guiding Truths at:

[@gaiaherbs](http://gaiaherbs.com)

A partnership of mutual beliefs

Black Elderberry NightTime Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in Europe since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.

Aboca

gaia
HERBS

NEW LOOK
SAME FORMULA

IMMUNE SUPPORT



Black Elderberry NightTime Syrup

Traditionally taken for
immune health*

With California Poppy

3 FL OZ (89 mL)
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container About 18

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	5 g	2%*
Total Sugars	4 g	†
Includes 4 g Added Sugars		8%*

Black Elderberry (*Sambucus nigra*) fruit juice concentrate ▲

Acerola (*Malpighia glabra*) fruit extract ▲

Proprietary Blend

Lemon Balm (*Melissa officinalis*) leaf extract ▲, Grindelia (*Grindelia camporum*) flowering tops extract ▲, California Poppy (*Eschscholzia californica*) leaf extract ▲

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Organic cane sugar, water, lemon fruit juice (to preserve freshness) and xanthan gum

▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Certified Organic by Oregon Tilth

Manufactured for Gaia Herbs by Aboca S.p.A. - Italy

PRODUCT OF ITALY

Each teaspoon contains the equivalent of 14.5 g (14,500 mg) of fresh Elderberries.

SUGGESTED USE

Take within one hour before bedtime.

Adults: 1 teaspoon

Kids Ages 6-8: ½ teaspoon

Kids Ages 9-12: ½ teaspoon

Shake well before use. Refrigerate after opening. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Do not use if cap seal is broken.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.