

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. *You have our guarantee!*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Albion® is a registered trademark of Albion Laboratories, Inc.

†Fully reacted Chelates, Albion U.S. patents 5,516,925 and 6,716,814.

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[www.vitaminworld.com](http://www.vitaminworld.com)  
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 **VITAMIN WORLD**  
*get healthy.*

# Albion<sup>®</sup> Chelated Magnesium

## 400 mg per serving

*Supports Bone and Muscle Health\**

Vegetarian Dietary Supplement

100  
COATED  
CAPLETS

**DIRECTIONS:** For adults, take four (4) caplets daily, preferably with a meal.

## Supplement Facts

Serving Size 4 Caplets  
Servings Per Container 25

Amount Per Serving	%Daily Value	
Calcium (as Dicalcium Phosphate)	135 mg	14%
Magnesium (as Magnesium Glycinate Chelate†)	400 mg	100%

**Other Ingredients:** Vegetable Cellulose, Vegetable Stearic Acid, Titanium Dioxide Color.

Magnesium plays an essential role in maintaining bone mineralization.\* Magnesium is also involved in muscle contractions and nerve impulses.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.