

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



No Artificial Color, Flavor or Sweetener,
No Preservatives, No Sugar, No Starch, No Milk,
No Lactose, No Soy, No Gluten, No Wheat,
No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **51433**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
©2012 Vitamin World, Inc. B51433 00A



VITAMIN WORLD
get healthy.

Ashwagandha

EXTRACT

Standardized to contain 1.5 Withanolides



500 MG

*Traditional
Herb*

STANDARDIZED EXTRACT
Herbal Supplement

60
*Rapid Release
Capsules*

DIRECTIONS: For adults, take one (1) capsule two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Ashwagandha Extract 500 mg	*
(<i>Withania somnifera</i>) (root)	
(Standardized to contain 1.5% Withanolides, 7.5 mg)	

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Cellulose.
Contains <2% of: Silica, Vegetable Magnesium Stearate.

Ashwagandha appears in the ancient Vedas of Ayurvedic custom and is known as the "Indian Ginseng".