SUGGESTED USE

Adults take 1 capsule 2 times daily with meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications. please consult with your doctor before use. Store away from children. Use only as directed on label Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

















Holy Basil Leaf

Traditionally for maintaining emotional well-being & supporting a positive mood*

Supplement Facts

8.5 mg

Serving Size 1 Capsule Servings Per Container 120

	Per Serving	V
Total Carbohydrate	<1 g	٠
Proprietary Extract Blend	363 mg	
Organic Holy Basil (Ocimum so (Ocimum sanctum) leaf superc		asil

Percent Daily Values are based on a 2,000 calorie diet Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin. water, yegan capsule (hypromellose) and olive oil. Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712 Each capsule contains 2,650 mg dry herb equivalent.

VEGAN · GLUTEN-FREE · SOY-FREE

HERBAL SUPPLEMENT