

**Multigenics® Intensive Care without Iron** is a potent yet gentle vitamin and mineral formula that features high quality ingredients designed for optimal absorption and bioavailability. Rapid tablet disintegration allows quick release of the micronutrients. This comprehensive formula is suitable for adolescents, adults, and seniors, and features.\*

- Calcium L-5-methyltetrahydrofolate—a body-ready folate
- Caro-xan®, our proprietary blend of beta-carotene and Betatene® mixed carotenoids for antioxidant protection

**Directions:** Take six tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

**Warning:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

**Caution:** Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.



**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



# Multigenics® Intensive Care without Iron

## Advanced Nutritional Support Designed for Optimal Health\*

180 TABLETS

## PRACTITIONER EXCLUSIVE

## Supplement Facts

Serving Size 6 Tablets  
Servings Per Container 3

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A.....7,500 IU.....150%		Magnesium.....187.5 mg.....47%	
[85% (6,375 IU) as beta-carotene <sup>1</sup> and 15% (1,125 IU) as retinyl acetate]		(as magnesium bis-glycinate and magnesium citrate)	
Vitamin C (as ascorbic acid).....900 mg.....1,500%		Zinc (as zinc citrate).....15.5 mg.....104%	
Vitamin D (as cholecalciferol).....300 IU.....75%		Selenium (as selenium aspartate).....150 mcg.....214%	
Vitamin E.....150 IU.....500%		Copper (as copper citrate).....1.5 mg.....75%	
(as d-alpha tocopherol succinate and mixed tocopherols)		Manganese.....0.75 mg.....38%	
Thiamin (as thiamin mononitrate).....22.5 mg.....1,500%		(as manganese citrate)	
Riboflavin.....25.5 mg.....1,500%		Chromium (as chromium citrate).....150 mcg.....125%	
Niacin (as niacinamide and niacin).....315 mg.....1,575%		Molybdenum.....78 mcg.....104%	
Vitamin B <sub>6</sub> (as pyridoxine HCl).....30 mg.....1,500%		(as molybdenum aspartate)	
Folate.....600 mcg.....150%		Potassium (as potassium aspartate).....74.25 mg.....2%	
(as calcium L-5-methyltetrahydrofolate <sup>1</sup> )			
Vitamin B <sub>12</sub> (as methylcobalamin).....150 mcg.....2,500%			
Biotin.....150 mcg.....50%			
Pantothenic Acid.....150 mg.....1,500%			
(as D-calcium pantothenate)			
Calcium (as calcium citrate and....375 mg.....38%			
microcrystalline hydroxyapatite concentrate)			
Phosphorus.....62 mg.....6%			
(as microcrystalline hydroxyapatite concentrate)			
Iodine (as potassium iodide).....114 mcg.....76%			

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color).

**MANUFACTURED BY: METAGENICS**  
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<sup>†</sup>Caro-xan®, a proprietary blend of beta-carotene and Betatene® mixed carotenoids.  
<sup>††</sup>As Metafolin® U.S. Patent 6,254,904.  
Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany