## SUGGESTED USE

Adults take 40-60 drops of extract in a small amount of water 3-4 times daily between meals. Do not use for longer than 10-14 days or more than 5 times per year.

Shake well before use. Not for use during pregnancy or lactation If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Use only as directed on label. Safety-sealed at neck of bottle.

AND DRUG ADMINISTRATION TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE

## gaia HERBS

## Usnea Uva Ursi

**SUPREME** 

Traditionally for normal frequency\*

1FL OZ (30mL) HERBAL SUPPLEMENT

Supplement Facts Serving Size 60 Drops (2 mL) Servings Per Container 15

Amount Per Serving

Proprietary Extract Blend

(Arctostaphylos uva-ursi) leaf 🛦 Echinacea angustifolia root A. Usnea lichen. Echinacea purpurea seed A Echinacea purpurea gerial parts Coptis (Coptis chinensis) root

† Daily Value not established.

Other ingredients: Alcohol USP (47-57%) and water ▲ = Organic Ingredient

Gaia Herbs Inc. 101 Gaia Herbs Drive

Brevard, NC 28712 gaiaherbs.com 1:2.5 Herb Strength Ratio



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