

BIOGENESIS®
NUTRACEUTICALS

BioFem PMS

Dietary Supplement
90 Veggie Capsules

Formulated Exclusively For
Healthcare Professionals

Supplement Facts

Serving Size 6 Capsules Servings Per Container 15

	Amount Per Serving	% DV*
Vitamin C (ascorbic acid)	250 mg	416%
Calcium (D-glucarate)	60 mg	60%
Vitamin E (D-alpha tocopheryl succinate)	100 IU	333%
Vitamin B6 (pyridoxal 5'-phosphate, pyridoxine HCl)	50 mg	2500%
Magnesium (glycinate, citrate, malate)	400 mg	100%
Rutin	600 mg	**
Choline (citrate)	300 mg	**
Taurine	300 mg	**
Black cohosh root extract (<i>Cimicifuga racemosa</i>) (2.5% triterpene glycosides)	250 mg	**
Blue cohosh root (<i>Caulophyllum thalictroides</i>)(5:1)	250 mg	**
Calcium D-glucarate	200 mg	**
Chasteberry fruit extract (<i>Vitex agnus-castus</i>)(5:1)	250 mg	**
Cramp bark (<i>Viburnum opulus</i>)(5:1)	250 mg	**
Curcumin extract (<i>Curcuma longa</i>)(95% curcuminoids)	250 mg	**
Dong quai root (<i>Angelica sinensis</i>)(6:1)	250 mg	**
Wild yam (<i>Dioscorea villosa</i>)(10:1)	250 mg	**
Ginger rhizome extract (<i>Zingiber officinalis</i>)(5% gingerols)	150 mg	**
Peony root extract (<i>Paeonia lactiflora</i>)(5:1)	150 mg	**

* Percent Daily Values are Based on a 2000 Calorie Diet

** Daily Value (DV) Not Established

Other Ingredients: Cellulose. Contains soy (from vitamin E).

BioFem PMS contains standardized botanical extracts, antioxidants, vitamins, minerals, amino acids, and liver glucuronidation detoxification support. Supplementation may help to support menstrual comfort, mood, cramps, and edema associated with the menstrual cycle.*

Suggested Use: **10200 07/2012**
As a dietary supplement, take 2 capsules three times a day starting 10 days prior to menstruation and continuing through the third day of menstruation or as directed by your healthcare professional.

Keep tightly capped and store in a cool, dry place. If pregnant or breastfeeding, consult your healthcare professional before use. KEEP OUT OF REACH OF CHILDREN. Do not use if either tamper-evident seal is broken or missing.

*These statements have not been evaluated by the F.D.A. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by:
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