

Cenitol® supports healthy overall nervous system function by featuring inositol, an important naturally occurring component of cell membranes. Inositol plays a major role in cell signaling by functioning as a precursor of an intracellular second messenger system. This system is responsible for regulating a large

number of key cellular processes in the body, especially in the brain.*

Cenitol also supplies magnesium in the form of a fully reacted amino acid chelate for nervous system support. These two complementary ingredients are supplied in powder form for ease of delivery and enhanced dosing flexibility.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Mix about one scoop (7.4 g) in water or juice one to three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: If pregnant or nursing, or taking medication—including lithium—consult your healthcare practitioner before use.

Storage: Keep tightly closed in a cool, dry place.



Cenitol®

Nervous System Support*

DIETARY
SUPPLEMENT

NET WT 7.8 oz (222 g)

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size About 1 Scoop (7.4 g)

Servings Per Container 30 (by weight)

	Amount Per Serving	% Daily Value
Magnesium (as magnesium bis-glycinate [†])	200 mg	50%
Inositol (as <i>myo</i> -inositol)	4 g	*
Citric Acid	800 mg	*

*Daily Value not established.

Other Ingredients: Cellulose.

MANUFACTURED BY: METAGENICS
GIG HARBOR, WA 98332 • 800 692 9400 • METAGENICS.COM

[†]Fully reacted magnesium amino acid chelate: U.S. Patent No. 5,516,925 Albion®.