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BCAAOM30

Muscle Up! Complement your workout lineup with **Metagenics BCAAs**, featuring clean, high-quality branched-chain amino acids. Metagenics BCAAs is formulated with a 2:1:1 ratio of leucine to isoleucine to valine. Branched-chain amino acids can be an important part of workout recovery—helping to support muscle protein synthesis and reduce temporary muscle soreness after exercise.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Directions:** Blend, shake, or briskly stir 1 scoop (7.3 g) into 8 oz of chilled water before and after exercise or with a meal as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Storage:** Keep tightly closed in a cool, dry place.



## BCAAs

Support for muscle protein synthesis\*



orange mango flavor  
with other natural flavors

PRACTITIONER EXCLUSIVE

Non-GMO  
Vegetarian

**Dietary Supplement**  
**NET WT. 7.72 oz (219 g)**

2:1:1 Ratio

## Supplement Facts

Serving Size 1 Scoop (7.3 g)  
Servings Per Container About 30

| Amount Per Serving          | % Daily Value |    |
|-----------------------------|---------------|----|
| Calories                    | 25            |    |
| Sodium (as sodium chloride) | 40 mg         | 2% |
| L-Leucine                   | 3 g           | *  |
| L-Valine                    | 1.5 g         | *  |
| L-Isoleucine                | 1.5 g         | *  |

\*Daily Value not established.

Other Ingredients: Natural flavors, ^ citric acid, malic acid, rebaudioside A (from *Stevia rebaudiana* leaf extract), and silica.

**MANUFACTURED BY: METAGENICS**  
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^No MSG