

Selestro® combines soy isoflavones with standardized black cohosh extract to help relieve symptoms such as hot flashes, occasional sleep disturbances, and mild mood swings associated with menopause.*

Directions: Take one tablet one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.



Selestro®

Menopausal Symptom Relief*

DIETARY
SUPPLEMENT

60 TABLETS

PRACTITIONER EXCLUSIVE

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving

Soybean Concentrate†	100 mg*
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	40 mg*
Black Cohosh (<i>Actaea racemosa</i> ††)	80 mg*
Root & Rhizome Extract [standardized to 2.5% (2 mg) total triterpene glycosides expressed as 27-deoxyactein]	

*Daily Value not established.

Ingredients: Microcrystalline cellulose, soy isoflavones (soy), black cohosh extract, stearic acid (vegetable), cellulose, silica, sodium starch glycolate, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose). **Contains: Soy.**

MANUFACTURED BY: METAGENICS
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†Derived from non-genetically engineered, identity-preserved soybeans.

††Also known as *Cimicifuga racemosa*.