



Compare to Stuart Prenatal®†

prenatal vitamins

for use before, during and after pregnancy

up&up

1
PER DAY

100
TABLETS

100 TABLETS
DIETARY SUPPLEMENT

ACTUAL
SIZE



Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value for Pregnant/ Lactating Women
Vitamin A 4000 IU (100% as Beta-Carotene)	50%
Vitamin C 120 mg	200%
Vitamin D 400 IU	100%
Vitamin E 30 IU	100%
Thiamin 1.8 mg	106%
Riboflavin 1.7 mg	85%
Niacin 20 mg	100%
Vitamin B6 2.6 mg	104%
Folic Acid 800 mcg	100%
Vitamin B12 8 mcg	100%
Calcium 200 mg	15%
Iron 28 mg	156%
Iodine 150 mcg	100%
Zinc 25 mg	167%

Ingredients: calcium carbonate, ascorbic acid, microcrystalline cellulose, ferrous fumarate, dl-alpha tocopheryl acetate, zinc oxide, gelatin, acacia, croscarmellose sodium, niacinamide, stearic acid, dextrin, silicon dioxide, hypromellose, titanium dioxide color, magnesium stearate, polyethylene glycol, pyridoxine hydrochloride, beta-carotene, FD&C red #40 aluminum lake, thiamine mononitrate, riboflavin, dextrose, lecithin, folic acid, FD&C yellow #6 aluminum lake, FD&C blue #2 aluminum lake, potassium iodide, cholecalciferol, cyanocobalamin. **CONTAINS: SOY**

Suggested Use: One tablet daily with food or as directed by your physician. For use prior to conception, during pregnancy, and during the postnatal period.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Oil- and Water-Soluble Vitamins with Minerals Tablets

This product is formulated per official U.S. Pharmacopeia (USP) standards to meet quality, potency, and disintegration or dissolution requirements. Store at room temperature (59°-86°F).

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

Questions? Call 1-888-547-7400

†This product is not manufactured or distributed by Casla Consumer Holdings, LP, owner of the registered trademark Stuart Prenatal®.

GLUTEN FREE

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