

This scientifically advanced formula features selective kinase response modulators (SKRMs) in the form of RIAA, berberine, and vitamins D and K to help nutritionally support healthy bone remodeling during the aging process. Recommended for use with Bone Builder®—an advanced bioactive formulation for bone mineralization support.*

Directions: Take one tablet twice daily, or as directed by your healthcare practitioner.

This product non-GMO and gluten-free.

Warning: If pregnant, nursing, or taking medication, please consult your healthcare practitioner before use.

Caution: Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

Certified



Gluten-Free

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics®**

Ostera®

Promotes Healthy Bone Remodeling
in Postmenopausal Women*

**DIETARY
SUPPLEMENT**

60 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 60

Amount Per Serving	% Daily Value
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Vitamin D (as cholecalciferol).....	500 IU 125%
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Vitamin K (as phytonadione)	500 mcg 625%
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Berberine HCl	90 mg *
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(*Phellodendron amurense* bark extract)

Reduced Iso-Alpha Acids Complex.....	370 mg *
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(from hops extract, *Humulus lupulus* L.)

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, calcium silicate, silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

MANUFACTURED BY: METAGENICS

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