

SUGGESTED USE

Adults take 30-40 drops of extract in a small amount of water 3 times daily between meals.

Shake well before use. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Store away from children.

Use only as directed on label.

Safety-sealed at neck of bottle.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



gaiaherbs.com
@gaiaherbs

gaia[®]
HERBS

IMMUNE SUPPORT*

Goldenseal Root

1 FL OZ (30mL) HERBAL SUPPLEMENT

Supplement Facts

Serving Size 40 Drops (1.33 mL)

Servings Per Container About 23

Amount Per Serving

Goldenseal (*Hydrastis* 1.33 mL†
canadensis) root extract

† Daily Value not established.

Other ingredients: Alcohol USP (55-65%) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive,
Brevard, NC 28712

1:4.5 Herb Strength Ratio

222 mg/mL Herb Equivalency



[101] 1013-0618