



Made with natural fruit flavors that adults prefer, **Nature Made Adult Gummies** are a great tasting way to take your vitamins and supplements. We're so sure you'll love the taste, we guarantee it. For more information on our **Love Them or They're Free** guarantee, visit www.naturemade.com/gummyguarantee.

**All Natural Flavors • Color Derived from Natural Source – No Synthetic Dyes
No Preservatives • No Yeast • Gluten Free**

SUGGESTED USE: Chew one gummy one hour before bedtime. Do not exceed one gummy daily unless recommended by a health care professional.

Keep bottle tightly closed. Store in a cool, dry place, out of the reach of children.

Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 gummy

Amount Per Serving	% Daily Value
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Calories 10	
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Total Carbohydrate 2 g	1%**
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Sugars 1 g	*
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Melatonin 2.5 mg	*
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* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

WARNING: Do not use this product unless advised by a physician if you are pregnant, attempting to become pregnant, or nursing; or if you are taking any medications or have any chronic disease, including hypertension (high blood pressure), diabetes, or an endocrine, auto-immune, depressive, bleeding or seizure disorder. Do not take melatonin while operating a motor vehicle or machinery. Not intended for individuals under the age of 18. Consult a healthcare professional if you are experiencing persistent sleep difficulties.

OTHER INGREDIENTS: Corn Syrup, Sugar, Water, Gelatin, Citric Acid, Malic Acid, Coconut Oil, Natural Flavors, Carnauba Wax, Carmine (Color).

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

Melatonin adult gummies are made to Nature Made's guaranteed purity and potency standards.