

MetaGlycemX™ features a unique combination of green tea extract, cinnamon, and alpha-lipoic acid, nutrients that support healthy insulin metabolism when used as part of a healthy diet for maintaining healthy blood sugar levels already in the normal range. Green tea contains epigallocatechin gallate (EGCG), which may support healthy glucose metabolism. Alpha lipoic acid is a potent antioxidant that acts as a free radical scavenger. MetaGlycemX also features other key supportive nutrients—including methylcobalamin, biotin, chromium, and vitamins C and E—combined in a well-rounded formula.*

Directions: Take two tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: If pregnant or nursing, or taking medications, consult your healthcare practitioner before use. Keep out of the reach of children.

Certified



***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Dietary
Supplement**

MetaGlycemX™

Advanced Nutritional Support
for Healthy Insulin
& Glucose Metabolism*



60 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid).....	300 mg 500%
Vitamin D (as cholecalciferol).....	200 IU 50%
Vitamin E (as d-alpha tocopheryl succinate).....	200 IU 667%
Thiamin (as thiamin mononitrate)	15 mg ... 1,000%
Riboflavin.....	9 mg 529%
Niacin (as niacinamide).....	90 mg 450%
Vitamin B ₆ (as pyridoxine HCl).....	9 mg 450%
Folate (as calcium L-5-methyltetrahydrofolate) [†]	400 mcg 100%
Vitamin B ₁₂ (as methylcobalamin)	150 mcg ... 2,500%
Biotin.....	2 mg 667%
Pantothenic Acid (as D-calcium pantothenate).....	30 mg 300%
Zinc (as zinc citrate).....	9 mg 60%
Selenium (as selenomethionine)	90 mcg 129%
Copper (as copper lysinate HCl).....	0.75 mg 38%
Manganese (as manganese citrate)	1.2 mg 60%
Chromium (as chromium polynicotinate).....	600 mcg 500%
Alpha-Lipoic Acid.....	100 mg *
Chinese Cinnamon (<i>Cinnamomum cassia</i>) [‡] Bark Powder... 500 mg *	
Decaffeinated ^{††} Green Tea (<i>Camellia sinensis</i>)	167 mg *
Leaf Extract (standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechingallate (EGCG))	
L-Carnosine.....	50 mg *
Taurine	300 mg *

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), calcium silicate, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

DISTRIBUTED BY: METAGENICS

ALISO VIEJO, CA 92656 • 800 692 9400

[†]As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}Contains no more than 4% caffeine.