



Made with natural fruit flavors that adults prefer, **Nature Made Adult Gummies** are a great tasting way to take your vitamins. We're so sure you'll love the taste, we guarantee it. For more information on our **Love Them or They're Free** guarantee, visit www.naturemade.com/gummyguarantee.

**All Natural Flavors • Colors Derived from Natural Sources – No Synthetic Dyes
No Preservatives • No Yeast • Gluten Free**

Supplement Facts

Serving Size 2 gummies
Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 4 g	1%**
Sugars 2 g	*
Vitamin C (as Ascorbic Acid & Sodium Ascorbate) 100 mg	167%
Biotin 2500 mcg	833%
Sodium 10 mg	<1%

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

SUGGESTED USE: Chew two gummies daily.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

OTHER INGREDIENTS: Corn Syrup, Sugar, Water, Gelatin, Citric Acid, Sodium Citrate, Coconut Oil, Natural Flavors, Lactic Acid, Colors Added, Carnauba Wax.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

Biotin & Vitamin C adult gummies are made to Nature Made's guaranteed purity and potency standards.

*May help support healthy hair, skin and nails in those deficient in biotin†

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.