

women's
daily
multivitamin

multivitamin and multimineral formula

100
TABLETS



- helps support:
- bone health**
 - heart health**
 - immune health**
 - energy metabolism**
 - healthy skin**
 - healthy reproductive system**

100 TABLETS DIETARY SUPPLEMENT

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Adults: One tablet daily, with food.

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	2500 IU	50%	Niacin	20 mg	100%	Iron	18 mg	100%
Vitamin C	60 mg	100%	Vitamin B6	2 mg	100%	Iodine	150 mcg	100%
Vitamin D	1000 IU	250%	Folic Acid	400 mcg	100%	Zinc	15 mg	100%
Vitamin E	22.5 IU	75%	Vitamin B12	6 mcg	100%	Selenium	20 mcg	29%
Vitamin K	25 mcg	31%	Biotin	300 mcg	100%	Copper	2 mg	100%
Thiamin	1.5 mg	100%	Pantothenic Acid	10 mg	100%	Manganese	2 mg	100%
Riboflavin	1.7 mg	100%	Calcium (elemental)	500 mg	50%	Chromium	120 mcg	100%

Ingredients: Calcium Carbonate, Microcrystalline Cellulose, Acacia, Ascorbic Acid, Croscarmellose Sodium, Ferrous Fumarate, Calcium Silicate, Dicalcium Phosphate, di-Alpha Tocopheryl Acetate, Niacinamide, Titanium Dioxide Color, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Dextrose, Cupric Sulfate, Pyridoxine Hydrochloride, Lecithin, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, Biotin, Potassium Iodide, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytanadione, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin.

CONTAINS: SOY

094 02 1366 R01 02085411
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GLUTEN
FREE

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Caution: If you are pregnant or nursing a baby, or if you are taking any medication or have a medical condition, consult a doctor before using this product.

CHILD RESISTANT CAP
Store in a dry place at room temperature (59°F-86°F).

CODE
AREA
1 3F-V78 00 F4

1 3F-V78 00 F4

CODE AREA

CHILD-RESISTANT CAP
KEEP OUT OF REACH
OF CHILDREN.



Specialized formula with nutrients that matter to women to support:

- **Bone health** with calcium and vitamin D**
- **Heart health** with folic acid and vitamins B6, B12, C and E**
- **Immune health** with selenium and vitamins C, A and E**
- **Energy metabolism** with B-vitamins and chromium to help convert food to energy**
- **Healthy skin** with copper, iron, and vitamins A and C**

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Compare to ingredients in One A Day® Women's*

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daily multivitamin
multivitamin and multimineral formula

helps support:

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- immune health**
- energy metabolism**
- healthy skin**
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A Complete Multivitamin with nutrients that matter to women

21 Nutrients

This complete women's multivitamin is specifically formulated for women. It contains key nutrients, such as B-vitamins, which help convert food to energy.**

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*This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark One A Day®.

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