Herbulk® features 7 grams of dietary fiber per serving. This powdered formula is designed to support healthy intestinal function, and offers great support for those who want to promote healthy bowel motility.*

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Directions: Blend, shake, or briskly stir 1 level scoop (8.3 grams) of Herbulk into at least 8-12 ounces of water, juice, or other beverage, or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Take this product as recommended, mixing 1 level scoop (8.3 grams) of Herbulk with at least 8-12 ounces of fluid per serving. Taking without enough liquid may cause choking. Do not use if you have difficulty swallowing, or are sensitive to inhaled or ingested psyllium. As many individuals have an insufficient dietary intake of fiber, some may benefit from beginning with ½ scoop daily for one week to improve tolerance.

Storage: Store tightly closed in a cool, dry place.

Tamper Evident: Do not use if safety seal is missing or broken.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Serving size is measured by weight with a scoop included for your convenience. The amount of product contained in one scoop may be above or below 8.3 grams due to variations in handling and product density.

Certified GF Gluten-Free

Metagenics

Herbulk®

orange flavor
with other natural flavors

PRACTITIONER EXCLUSIVE

Gluten-Free | **Dietary Supplement** NET WT. 8.78 oz (249 g) | Non-GMO

Supplement Facts

Serving Size About 1 Scoop (8.3 g)
Servings Per Container 30 (by weight)

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	8 g	3%*
Dietary Fiber	7 g	28%*
Soluble Fiber	5 g	**
Insoluble Fiber	2 g	**
Vitamin C	60 mg	100%
Sodium	10 mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Ingredients: Isomalto-oligosaccharide, psyllium husk powder, cellulose, citric acid, natural flavors,† ascorbic acid, rebaudioside A (*Stevia rebaudiana* leaf extract), and beta-carotene (color).

MANUFACTURED BY: METAGENICS
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†No MSG