



Heart/Vessels†



Mood†

SUGGESTED USE: Take 1-3 capsules daily or as recommended by your health-care practitioner.

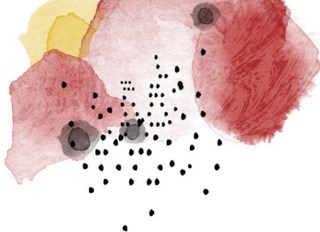
TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



THORNE®

Methyl-Guard Plus®
Methylation Factors

DIETARY SUPPLEMENT

90
CAPSULES

SUPPLEMENT FACTS

Serving Size: Three Capsules

Servings Per Container: 30

Three Capsules Contain:		%DV
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	90 mg	6,923%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	45 mg	2,647%
Folate (3 mg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	5 mg DFE	1,250%
Vitamin B12 (as Methylcobalamin)	3 mg	125,000%
Betaine Anhydrous (Trimethylglycine)	1.8 g	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Calcium Citrate, Calcium Laurate.

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A.

manufactured by:
THORNE RESEARCH, INC., 1-800-228-1966



SF789
LSF78907