

## SUGGESTED USE

Adults take 30-40 drops in a small amount of water 3 times daily with meals.

**Shake well before use.** Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed at neck of bottle.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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HERBS



GLYCEMIC SUPPORT\*

# Cinnamon Bark

Traditionally for maintaining  
glycemic balance\*

1 FL OZ (30mL) HERBAL SUPPLEMENT

## Supplement Facts

Serving Size 40 Drops (1.33 mL)  
Servings Per Container About 23

### Amount Per Serving

|                               |          |
|-------------------------------|----------|
| Organic Cinnamon bark extract | 1.33 mL† |
|-------------------------------|----------|

† Daily Value not established

Other ingredients: Organic alcohol USP (60-70%) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive,  
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Certified Organic by Oregon Tilth

**1:3 Herb Strength Ratio**  
**333 mg/mL Herb Equivalency**



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