

Fenugreek Plus[®] features concentrates of three highly valued herbs traditionally used to support healthy glucose metabolism.* The unique, odorless extract of fenugreek is highly concentrated for ease of use.

Directions: Take two capsules twice daily with six to eight ounces of water before meals, or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: If you are being treated for heart disease, diabetic, taking medication, or if pregnant or nursing, consult your healthcare practitioner before use. Keep out of the reach of children.

Certified



Gluten-Free

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

PRACTITIONER EXCLUSIVE

DIETARY
SUPPLEMENT

Herbal Support for Healthy
Glucose Metabolism*

60 CAPSULES



Fenugreek Plus[®]

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Total Carbohydrate	1 g	1%*
Dietary Fiber	1 g	4%*
Soluble Fiber	<1 g	
Fenugreek Seed 6.5:1 Extract [†] (<i>Trigonella foenum-graecum</i>) [standardized to 70% soluble fiber]	1 g	**
Bitter Melon Fruit 10:1 Extract (<i>Momordica charantia</i>)	152 mg	**
Gymnema Leaf Extract (<i>Gymnema sylvestre</i>) [standardized to 25% (25 mg) gymnemic acids]	100 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Capsule (hypromellose), microcrystalline cellulose, silica, magnesium stearate (vegetable), and croscarmellose sodium.

MANUFACTURED BY: METAGENICS
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[†]Equivalent to 6,500 mg raw, dried, unprocessed herbs.