Cinnamon Bark helps support a healthy glycemic balance by supporting healthy blood sugar metabolism.* Gaia Herbs uses dual extraction technology to deliver the broadest spectrum of herbal constituents: Solvent-free supercritical extraction which yields fat-soluble plant compounds, while water and alcohol extraction captures

water-soluble Phenolic compounds. Suggested Use

Adults take 1 capsule 2 times daily after meals

anduct quality.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Keen away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle canned at all times and store in a cool, dry place. Natural separation may occur. This does not affect



VALUE SIZE

Single Herbs

Cinnamon Bark

Helps maintain normal blood sugar*

meetvourherbs? Enter ID # at GaiaHerbs.com

VEGAN LIQUID PHYTO-CAPS*

Supplement Facts Serving Size 1 Capsule Servings Per Container 120 Amount Per Serving Calories Proprietary Extract Blend 278 mat Cinnamon bark A. Cinnamon bark supercritical extract A

> Other ingredients: Vegetable glycerin, sunflower lecithin, water and vegan capsule (hypromellose)

▲ = Organic ingredient

†Daily Value not established

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each capsule contains 850 mg dry herb equivalent.