

SUGGESTED USE

Adults take 1 capsule 2 times daily.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.



gaiaherbs.com
@gaiaherbs



gaia
HERBS

NEW LOOK, SAME FORMULA



STRESS SUPPORT*

Ashwagandha Root

Traditionally for helping cope with stress in a healthy way*

120

VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Proprietary Extract Blend	350 mg	†
Organic Ashwagandha (<i>Withania somnifera</i>) root, Ashwagandha (<i>Withania somnifera</i>) root extract		
Withanolides	2.5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each capsule contains 2,700 mg dry herb equivalent.

VEGAN • GLUTEN-FREE • SOY-FREE

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

[101] 1025-0119