

STRESS SUPPORT*

Adults take 1 capsule 2 times daily.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



gaia
HERBS

STRESS SUPPORT*

Ashwagandha Root

60 VEGAN LIQUID PHYTO-CAPS[®] HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1g	<1% [†]
Proprietary Extract Blend	350 mg	†
Organic Ashwagandha (<i>Withania somnifera</i>) root, Ashwagandha (<i>Withania somnifera</i>) root extract	2.5mg	†
Withanolides	2.5mg	†
* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.		

Other ingredients: Vegetable glycerin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712
Each capsule contains 2,700 mg dry herb equivalent.

gaia
HERBS

Ashwagandha

STRESS SUPPORT*

Ashwagandha Root

Gaia Farm, Brevard, NC



Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps[®] technology.

Discover our Guiding Truths at:

gaiaherbs.com
@gaiaherbs

gaia
HERBS

NEW LOOK
SAME FORMULA

STRESS SUPPORT*

Ashwagandha Root

Traditionally for helping cope with stress in a healthy way*

A revered adaptogenic Ayurvedic herb

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SUGGESTED USE

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meetyourherbs.com

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VEGAN
GLUTEN-FREE
SOY-FREE

Certified
 Corporation

BEST BY:



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

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