

Wellness Essentials

Targeted Nutrition for Overall Wellness\*

Wellness Essentials is formulated to support your nutritional needs to help you stay active and vital and maintain overall health.\*

Each once-daily packet provides:

**Multifaceted health support:** PhytoMulti® is the "smart multi" with essential nutrients and a proprietary blend of 13 concentrated extracts and phytonutrients to help support cellular health and activate health potential.\*

**Immune and neurological health support:** D3 1000™ features 1,000 IU of vitamin D3 per tablet—the most bioactive form of supplemental vitamin D.\*

**Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity.\*

Table with 3 columns: Overall Wellness Support\*, Targeted Health Support\*, Convenient and Easy

The Metagenics Difference

Metagenics is a professional nutraceutical company that formulates, manufactures, and continually evaluates nutritional products in clinical practice. Each Wellness Essentials formula represents years of collective research to deliver optimized foundation nutrition and targeted health support.\*

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), and 1 D3 1000 tablet (white).

**Directions:** Take one packet daily or as directed by your healthcare practitioner.

**Warning:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

**Caution:** Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Contains fish oil. Do not use if allergic to fish or fish oil. Keep out of the reach of children.

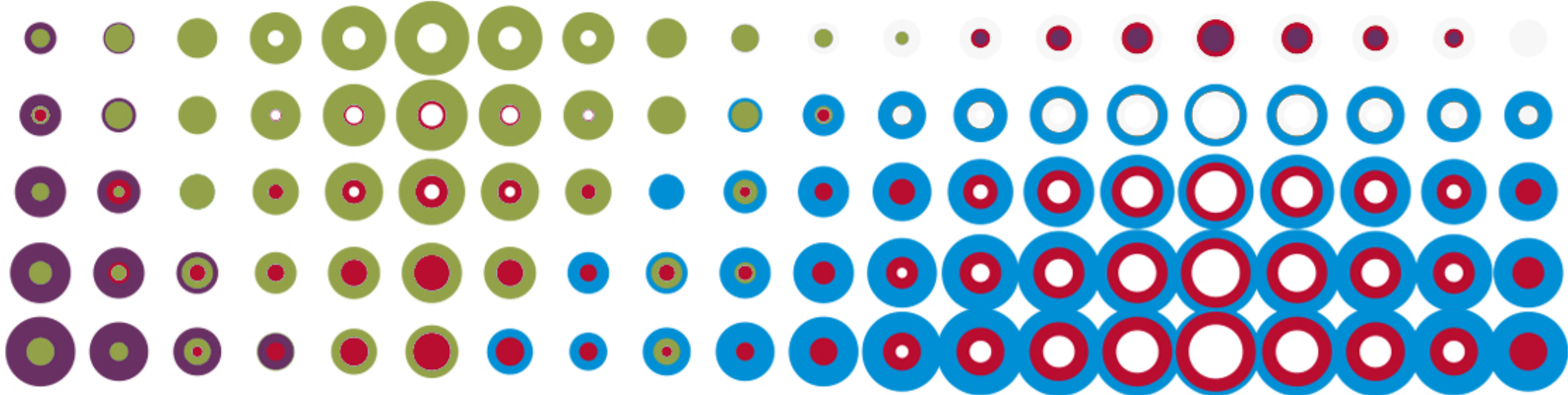
**Storage:** Keep in a cool, dry place.

**Products included are non-GMO and gluten-free.**

Table with 2 columns: Wellness Essentials provides, Advanced Nutritional Support for:\*. Rows include Vitality, Heart health, Positive mood, Brain health, Nervous system health, Eye health, Immune system health, Liver health, Cellular health, Overall health.



Wellness Essentials®



DIETARY SUPPLEMENT

30 PACKETS

Supplement Facts

Table with 3 columns: Amount Per Serving, % Daily Value. Rows include various vitamins, minerals, and phytonutrients with their respective amounts and percentages.

**PhytoMulti:** Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].  
**OmegaGenics EPA-DHA 500:** Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell [gelatin, glycerin, water], contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**  
**D3 1000:** Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), and silica.  
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