SUGGESTED USE Adults take 2 capsules daily in the evening after dinner. Best results obtained with long-term use.

Not for use during pregnancy or loctation. If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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Made with Ashwagandha, Magnolia bark, Cordyceps & Gaia-arown™ Lemon Balm

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Percent Daily Values are based on a 2,000 calorie diet Other ingredients: Vegetable glycerin, water and vegan capsule

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Roywood, NC 28712

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