

Wellness Essentials Women

Targeted Support for Women’s Health*

Support heart health, bone health, and overall wellness daily. Wellness Essentials Women is formulated to target your unique nutritional needs to help you stay active and vital and maintain overall health.*

Each once-daily packet provides:

Multifaceted health support: PhytoMulti® with Iron is the “smart multi” with essential nutrients and a proprietary blend of 13 concentrated extracts and phytonutrients to help support cellular health and activate health potential.*

Bone density support: Bone Builder® Extra Strength goes beyond calcium with purity-tested MCHC—a complex crystalline compound composed primarily of calcium, phosphorus, trace minerals, and bone growth factors to help maintain bone strength.*

Heart health, mood, and overall health support: OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity.*

Table with 3 columns: Overall Wellness Support*, Targeted Health Support*, Convenient and Easy

The Metagenics Difference

Metagenics is a professional nutraceutical company that formulates, manufactures, and continually evaluates nutritional products in clinical practice. Each Wellness Essentials formula represents years of collective research to deliver optimized foundation nutrition and targeted health support.*

Each packet contains: 2 PhytoMulti with Iron tablets (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), and 2 Bone Builder Extra Strength tablets (white).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Contains fish oil. Do not use if allergic to fish or fish oil.

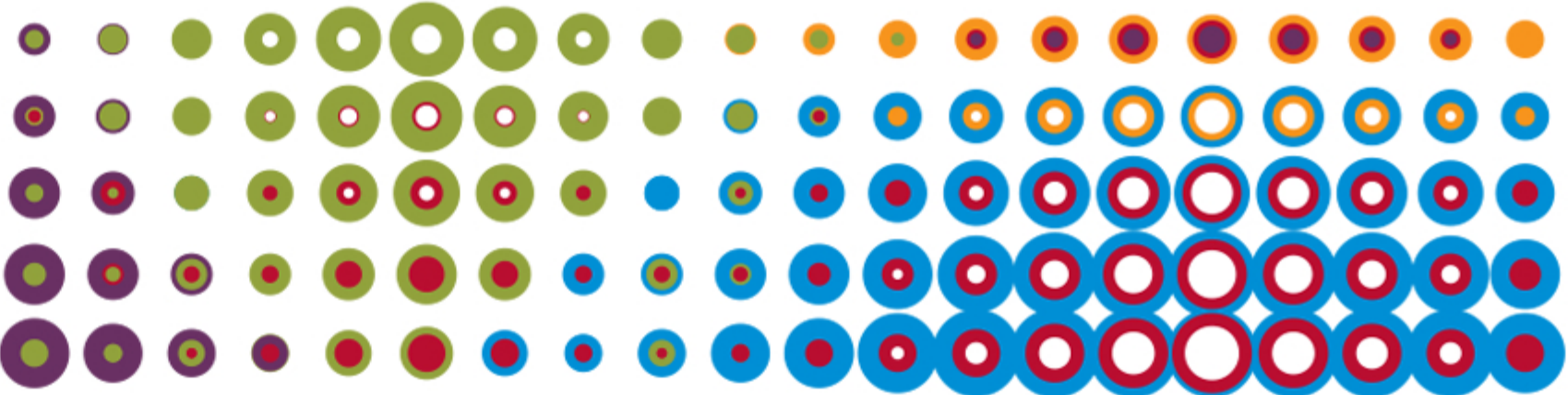
Storage: Keep in a cool, dry place.

Products included are non-GMO and gluten-free.

Table with 2 columns: Wellness Essentials Women provides Advanced Nutritional Support for:*, Vitality, Heart health, Bone density, Positive mood, Brain & nervous system health, Eye health, Immune system health, Liver health, Cellular health, Overall health



Wellness Essentials® Women



DIETARY SUPPLEMENT

30 PACKETS

Supplement Facts

Table with 3 columns: Serving Size 1 Packet, Servings Per Container 30, Amount Per Serving, % Daily Value. Rows include: Calories, Total Fat, Cholesterol, Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Microcrystalline Hydroxypatite Concentrate, Choline, Inositol, Lycopene, Zeaxanthin, Lutein, Resveratrol, Proprietary Phytonutrient Blend of, Citrus bioflavonoid complex, Grape seed extract, Green tea leaf extract, Bitter melon fruit extract, Prune skin extract, Watercress aerial parts, Chinese cinnamon, Indian gum Arabic, Tree bark and heartwood extract, Rosemary extract, Marine Lipid Concentrate, EPA, DHA.

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

PhytoMulti with Iron: Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)]. OmegaGenics EPA-DHA 500: Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell [gelatin, glycerin, water], contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). Contains: Fish [sardine, anchovy, and mackerel]. Bone Builder Extra Strength: Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating [hypromellose, medium-chain triglycerides, and hydroxypropylcellulose].

DISTRIBUTED BY: METAGENICS, GIG HARBOR, WA 98332 800 692 9400 • METAGENICS.COM

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*No Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany. **Microcrystalline Hydroxypatite Concentrate (MCHC) supplies calcium, phosphorus, trace quantities of other minerals, and naturally occurring growth factors.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

