

REQUESTED USE

Adults take 2 capsules in the morning. For additional support take 2 capsules in the afternoon.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Rhodiola should not be taken by individuals with bipolar disorder. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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Connecting
plants & People™
SINCE 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

Discover our Guiding Truths at:

gaiaherbs.com
[gaiaherbs](http://gaiaherbs.com)

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gaia
HERBS

STRESS SUPPORT*

Adrenal Health®

DAILY SUPPORT

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

gaia
HERBS

NEW LOOK
SAME FORMULA

STRESS SUPPORT*

Adrenal Health®

DAILY SUPPORT

Traditionally for the
stressed & overworked*

Our best-selling formula
with Rhodiola, Holy Basil,
Ashwagandha & Oats

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1g	<1%
Siberian Rhodiola (Rhodiola rosea) root extract	120 mg	†
Rosavins	4 mg	†
Holy Basil leaf supercritical CO ₂ extract	32 mg	†
Eggenols	1.84 mg	†
Proprietary Extract Blend	520 mg	†
Organic Oats (Avena sativa) milky seed extract, Organic Holy Basil (Ocimum sanctum) leaf, Schisandra (Schisandra chinensis) berry, Ashwagandha (Withania somnifera) root extract		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, water, vegan capsule (Pyromellitos) and olive oil.
Gaia Herbs, Inc., 101 Gaia Herbs Drive, Breward, NC 28712

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SUGGESTED USE

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gaia
HERBS

Holy Basil

STRESS SUPPORT*

Adrenal Health®

DAILY SUPPORT



PURITY • POTENCY
EST. 1987
USA

meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE



Certified



Corporation

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