



M·S·M Sulfur

1,000 mg

DIETARY SUPPLEMENT

Supports Joint and Skin Health*
90 Vegetarian Capsules

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
MSM† (methylsulfonylmethane)	1,000 mg	**
Sulfur	330 mg	**

** Daily Value not established.

Other Ingredients: Hypromellose capsule.

Directions: Take one capsule up to six times daily, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

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OptiMSM®

†OptiMSM® is a registered trademark of Bergstrom Nutrition

Mineral depletion in the soil and mineral loss through food preparation make it difficult for us to get an adequate amount of Sulfur. Carlson **MSM Sulfur** from OptiMSM® is a highly bioavailable form of sulfur that's found in many of our body's tissues. It supports joint health by helping to maintain healthy connective tissue and is an important component of skin, hair, and nail proteins.*

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

POTENCY & QUALITY GUARANTEED

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