

Our combination of five ingredients is designed to provide your body with the perfect combination of protein, fat, and fiber. We design our proteins to be naturally time released for long lasting fullness, and we use collagen peptides for healthier skin and joints. We use the healthiest fat which stimulates your body to burn its own fat while providing instant energy. Our fiber feeds your intestinal flora while providing long lasting fullness.

Protein 5 Plus, the perfect blend of proteins, fat, and fiber for your body.*

- Hydrolyzed whey protein in the purest form available, supports muscle development and fullness*
- Collagen protein supports skin and joints*
- Cold Filtered egg white protein supports long lasting fullness*
- MCT supports healthy energy and fullness*
- Prebiotic blend supports healthy digestion*

RECOMMENDED USE:

As a dietary supplement, take one or more scoops daily to supply your diet with protein. Mix one level scoop with 12 ounces of water, nut milk, or your favorite beverage. Enjoy!

Keep out of reach of children.

Storage: Store in cool dry place.

Do not use if safety seal is open or broken.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



*Greens***FIRST** LEAN™

Protein 5 Plus

A Perfect Blend Of 3
Specialized Proteins,
One Keto Fat, and
One Superfood Fiber*

Supports Weight Loss*



vanilla

21 grams of protein
per serving

- Soy Free
- Gluten free
- no sugar alcohols
- no artificial sweeteners

Dietary Supplement Net Weight 35.98 oz. (1020 g) Powder

Supplement Facts

Serving Size: 34 g (Approx. 1 Scoop)

Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	140	
Total Fat	3 g	4%*
Saturated Fat	2.5 g	13%*
Cholesterol	50 mg	17%
Total Carbohydrate	6 g	3%*
Dietary Fiber	2 g	8%*
Total Sugars	1 g	†
Protein	21 g	
Calcium	125 mg	10%
Sodium	140 mg	6%
Potassium	180 mg	4%
Proprietary Blend	24 g	†
Whey Protein Concentrate, Egg White Protein,		
FiberGum™ Organic Talc (Acacia seyal) Gum Powder	2 g	†
Nutri Spense® MCT 70 Medium Chain Triglycerides	2 g	†
Peptan® B 5000 HD Bovine Collagen Peptides	2 g	†
Stevia Leaf Extract	120 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet

† Daily Value not established.

Other Ingredients: Fructooligosaccharides, Natural Flavor, Guar Gum Powder, Xanthan Gum Powder, Silicon Dioxide.

Contains: Egg, Milk.

FibreGum™ is a registered trademark of Nexira.

Nutri Spense® is a registered trademark of ABITEC Corporation.

Peptan® is a registered trademark of Rousselot.

Manufactured for:
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