

Doctor's Best Chewable Fully Active B12 provides a vitamin B12 in its most bioactive form as Methylcobalamin for optimum absorption. Vitamin B12 is a key factor involved in DNA synthesis, fatty acid and amino acid metabolism in the body. It is essential in the production of red blood cells in the bone marrow and nerve sheath. Vitamin B12 is essential for neurological health, mood and energy.*

Helps support healthy memory and mood*

Helps support red blood cell formation*

Helps support energy levels*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB328-3

**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Chewable
Fully Active
B12**
Chocolate Mint Flavor

**HELPS SUPPORT HEALTHY MEMORY,
MOOD AND ENERGY***

Vegan™

1000 mcg • 60 Tablets

Supplement Facts

Serving Size 1 Chewable Tablet

Servings Per Container 60

	Amount Per Serving	%Daily Value
Vitamin B12 (as Methylcobalamin)	1000 mcg	41670%

Other Ingredients: Invetek chewable base, xylitol, natural and artificial chocolate mint flavor, magnesium stearate (vegetable source).

Suggested Adult Use: Chew 1 tablet before swallowing, preferably within one hour after a meal, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
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