

Doctor's Best Natural Vitamin K2 MK-7 with MenaQ7® provides the natural form of vitamin K for optimum bioavailability and delivery to the body.* Vitamin K isn't one vitamin, it's a family of fat-soluble vitamins with similar chemical structures but different metabolic properties.* K2 belongs to a group of vitamin K compounds called menaquinones, which show greater bioactivity when compared to K1, the ordinary supplemental form.* K2 is absorbed more completely, remains in the body longer and delivers more benefits for bones, blood vessels and other soft tissues.*

Helps support bone health and soft tissue elasticity*

Highly effective delivery of vitamin K to bone and soft tissue*

Helps support calcium metabolism for maintenance of healthy bone*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDR3356-4

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Natural
Vitamin K₂**
MK-7 with
MenaQ7®
Vitamin K₂ as MK-7



**THE BIOAVAILABLE FORM OF VITAMIN K FOR
HEALTHY BONES AND SOFT TISSUE***

**Dietary
Supplement**

45 mcg • 180 Veggie Caps **Vegan**

Supplement Facts

Serving Size 1 Veggie Capsule

Servings Per Container 180

	Amount Per Serving	% Daily Value
Vitamin K ₂ (from MenaQ7® Menaquinone, MK-7)	45 mcg	40%

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule), glycerol monostearate, magnesium stearate (vegetable source), ascorbyl palmitate, rosemary extract.

Suggested Adult Use: Take 1 capsule daily with food, or as recommended by a nutritionally-informed physician.

WARNING: This product contains vitamin K. Consult your physician if using blood-thinning medications such as Warfarin.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, 92612 USA

(800) 777-2474

www.drbvitamins.com

MenaQ7® is a registered trademark of NattoPharma® ASA, Norway.