

Doctor's Best Fish Collagen is a highly absorbable Type I collagen peptide from **FreshWater™ Collagen**. The low molecular weight provides rapid and efficient absorption for healthy skin, nails and joints.*

FreshWater™ Collagen peptides contribute to healthy skin by increasing skin moisture, resulting in smoother skin and reduced wrinkle depth.* Studies show that these small molecules in the collagen peptides provide superior bioavailability and digestibility.* Contains no artificial color and is virtually tasteless.

- Collagen is the key building block for the connective tissues of vital organs, joints, ligaments, tendons, hair, nails and the dermis layer of the skin*
- Marine collagen helps boost the skin's resilience and capacity for water absorption and retention*
- Helps support skin elasticity for smoother, healthier skin*
- Helps support joint mobility*
- Virtually tasteless and odorless, blends easily with any beverage

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Doctor's
BEST**
Science-Based Nutrition™

**Fish Collagen with FreshWater™
Collagen Peptides:**

- Helps support natural beauty from within
- Collagen is one of the most important structural substances in the body: 85% of the skin is collagen
- Contains Type I collagen which provides the primary support for the skin and joints

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**Doctor's
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Nutrition™

**Fish
Collagen**
with
nippi | FreshWater™
COLLAGEN

HELPS SUPPORT HEALTHY SKIN AND NAILS*

HELPS SUPPORT JOINT MOBILITY*

VIRTUALLY TASTELESS AND ODORLESS



Dietary
Supplement

5 g • 30 Powder Stick Packs
Net Wt. 150 g (5.3 oz)

Supplement Facts

Serving Size: 1 Powder Stick Pack (5g)
Servings Per Container: 30

Amount Per Serving % Daily Value		
Calories	15	
Protein	5 g	10%**
Type I Fish Collagen (FreshWater™ Collagen Peptides)	5 g	†

***Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: None.

Contains Fish (sustainable tilapia, crimson snapper, and saddletail snapper)

Suggested Adult Use: Add 1 powder stick pack to your favorite beverage daily, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free
Store in a cool dry place.

FreshWater™ Collagen is a registered trademark of Nippi Collagen NA Inc.

Manufactured for **Doctor's Best, Inc.**
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