



Carlson

Blood Nutrients®

28 mg Iron

DIETARY SUPPLEMENT

✓ Blood Development* ✓ Iron Absorption* ✓ Optimal Wellness*

180 Capsules

Specially formulated to nourish our blood and support overall health.*

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 180

	Amount Per Serving	% DV
Vitamin A (as retinyl palmitate)	1,500 mcgRAE	167%
Vitamin C (ascorbic acid)	120 mg	133%
Vitamin E (as d-alpha tocopheryl succinate)	20.1 mg	134%
Thiamin (Vitamin B-1)(from thiamin HCl)	10 mg	833%
Riboflavin (Vitamin B-2)	10 mg	769%
Niacin (as niacinamide)	20 mg	125%
Vitamin B-6 (as pyridoxine HCl)	10 mg	588%

	Amount Per Serving	% DV
Folate (400 mcg folic acid)	680 mcgDFE	170%
Vitamin B-12 (as cyanocobalamin)	300 mcg	12,500%
Pantothenic Acid (from d-calcium pantothenate)	10 mg	200%
Iron (from iron glycinate chelate)	28 mg	156%
Copper (from copper glycinate chelate and copper carbonate)	2 mg	222%
Molybdenum (from molybdenum glycinate chelate)	200 mcg	444%
Liver Concentrate	100 mg	†
Edible Hemoglobin	25 mg	†
Stomach Substance (porcine)	10 mg	†

† Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, magnesium stearate (veg.), beef gelatin capsule.

Directions: Adults: take one capsule daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

POTENCY & QUALITY GUARANTEED

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.