

Doctor's Best Synergistic Glucosamine MSM Formula supplies several building blocks for healthy joints. Glucosamine Sulfate supplies joints with proteoglycans which contribute to healthy joints and connective tissues. It supports joint structure, lubrication, and function, for better joint movement and flexibility.* Methylsulfonylmethane (MSM, from OptiMSM®) supplies bioavailable sulfur needed to support joints, hair, skin, and nails.* OptiMSM® is purified via distillation for highest purity and consistency and is an excellent source of sulfur.* Vitamin C is essential for the production of collagen, a structural protein that is an important component of joints, tendons, and skin.*

Glucosamine Sulfate helps support joint health and flexibility*

MSM helps support overall health for joint, hair, skin, and nails*

Vitamin C helps in the production of collagen.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB070-5



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Synergistic
Glucosamine
MSM Formula
with OptiMSM®**

**HELPS SUPPORT HEALTHY JOINT
AND CONNECTIVE TISSUES***

180 Capsules

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	150 mg	170%
Chloride (from glucosamine sulfate 2KCl)	90 mg	4%
Potassium (from glucosamine sulfate 2KCl)	90 mg	2%
MSM (Methylsulfonylmethane)(OptiMSM®)	1500 mg	†
Glucosamine Sulfate 2KCl	750 mg	†

† Daily Value not established.

Other Ingredients: Gelatin (capsule), microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide.

Contains Shellfish (crab and shrimp shells)

Suggested Adult Use: Take 3 capsules twice daily with food, or as recommended by a nutritionally-informed physician.

WARNING: Consult your physician before using any health supplement if pregnant, nursing, have a medical condition, taking warfarin or medications for diabetes or glaucoma. Not for use by individuals under the age of 18 years. Keep out of reach of children.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, 92612 USA

(800) 777-2474 www.drbbvitamins.com

OptiMSM® is a registered trademark of Bergstrom Nutrition®