

Doctor's Best Calm-Z with Zembrin® helps calm and relieve stress, tension, and occasional anxiety. It helps increase attention, focus, motivation, and concentration.*

Zembrin® is a patented standardized extract of *Sceletium tortuosum* (Kanna); its use has been documented for more than 300 years. It has been clinically shown to enhance cognitive function and is cultivated in an environmentally sustainable process.*

Helps enhance executive function*

Helps enhance processing speed*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Zembrin® is a trademark of HG&H Pharmaceuticals (Pty) Limited. U.S. Patents #6,288,104, #8,552,051 and #8,980,338 B2



YDPRB456-1

Dietary
Supplement

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Calm-Z

with **Zembrin®**

**HELPS CALM AND RELIEVE
STRESS AND TENSION***

25 mg • 60 Veggie Caps

Vegan

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Supplement Facts

Serving Size 1 Veggie Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Zembrin® (<i>Sceletium tortuosum</i> (aerial parts) extract)	25 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, hypromellose (vegetarian capsule), silicon dioxide, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 capsule daily with or without food, or as recommended by a nutritionally-informed physician. Daily oral dose not to exceed 25 mg.

WARNING: Consult your physician before using this product if you are pregnant, breastfeeding, or are taking anti-depressant or anxiety medication. Discontinue use two weeks prior to surgery. Keep out of reach of children.

Non-GMO / Gluten Free / Soy Free / Vegan

This product contains natural ingredients that may vary in color. Store in a cool dry place.

Manufactured for: **Doctor's Best, Inc.**
California, 92612 USA

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