

Nature Made Prenatal Multi + DHA, 150 Softgels

Item #580664



Features:

- 18 Key Nutrients
- DHA 200 mg.
- For Expectant Mothers and Women Trying to Get Pregnant
- Clinically Proven Absorption
- One Softgel per Day
- ✓ FSA Eligible Item

Suggested Use: Take one softgel daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place.

Other Ingredients: Gelatin (Porcine), Glycerin, Soy Lecithin, Soybean Oil, Water, Dibasic Calcium Phosphate, Yellow Beeswax, Tocopherols, Resin, Ascorbyl Palmitate.

Contains: Fish (Anchovy, Sardine, Mackerel) and Soy.

No Color Added. No Artificial Flavors. No Yeast or Starch, Gluten Free.

††As ethyl esters

Warning: This product contains iron. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: If you are taking medication, facing surgery, have bleeding problems or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

Keep out of reach of children.

For Consumer Questions or Inquiries call 1-800-276-2878 or visit www.naturemade.com

Supplement Facts	
Serving Size 1 Softgel	
Amount Per Softgel	% Daily Value for Pregnant and Lactating Women
Calories 5	
Vitamin A (as Beta Carotene)	2567 IU 32%
Vitamin C (as Ascorbic Acid)	85 mg 142%
Vitamin D ₃ (as Cholecalciferol)	1000 IU 250%
Vitamin E (as d-Alpha Tocopheryl Acetate)	22.5 IU 75%
Vitamin K (as Phytonadione)	90 mcg *
Thiamin (as Thiamine Mononitrate)	1.4 mg 82%
Riboflavin	1.4 mg 70%
Niacin (as Niacinamide)	18 mg 90%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	1.9 mg 76%
Folic Acid	800 mcg 100%
Vitamin B ₁₂ (as Cyanocobalamin)	5.2 mcg 65%
Biotin	30 mcg 10%
Pantothenic Acid (as d-Calcium Pantothenate)	6 mg 60%
Calcium (as Calcium Carbonate)	150 mg 12%
Iron (as Ferrous Fumarate)	27 mg 150%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	45 mg 10%
Zinc (as Zinc Oxide)	11 mg 73%
Omega-3 Fatty Acids (from Fish Oil Concentrate)†† 260 mg *	
Omega-3 Docosahexaenoic Acid (DHA)†† 200 mg	
Omega-3 Eicosapentaenoic Acid (EPA)†† 60 mg	