

I love the silent hours of the night, for blissful dreams may then rise. The gummies provide melatonin, a naturally produced substance in the body to help regulate the sleep cycle.* These delicious gummies help you fall asleep faster and get a good night's rest.* Sweet dreams.

Supports

- Healthy sleep cycles*
- Overall sleep quality*
- Recovery from jet lag*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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YDRB508

Doctor's BEST *Science-Based Nutrition™*



**Strawberry
Delight**

Melatonin Gummies

5 mg per serving

For a good night's sleep*

60 *Natural Fruit Pectin*
Gummies



Non-GMO



Natural
Flavors
& Colors



Gelatin
Free



Gluten
Free



Vegan



Soy Free

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%**
Total Sugars	3 g	†
Includes 3 g Added Sugars		6%**
Sodium	5 mg	<1%
Melatonin	5 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Glucose syrup, sugar, water, pectin, natural flavor, elderberry juice (for color), citric acid, sodium citrate, coconut oil, carnauba wax.

Suggested Adult Use: As a dietary supplement, chew two (2) gummies daily at bedtime, or as recommended by a nutritionally-informed physician. Chew thoroughly before swallowing.

WARNING: Not intended for pregnant, lactating, or individuals under the age of 18. If you have a medical condition or taking medications, consult your physician before taking this product. Do not use before or while operating a motor vehicle or heavy machinery.

KEEP OUT OF REACH OF CHILDREN

Store in a cool dry place.