



Chelated Magnesium

200 mg • Superior Absorption

DIETARY SUPPLEMENT

✓ Cardiovascular Health* ✓ Muscle Function* ✓ Bone Support*

180 Tablets

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 180

	Amount Per Serving	% Daily Value
Magnesium (from magnesium glycinate chelate and magnesium oxide)	200 mg	48%

Other Ingredients: Microcrystalline cellulose, stearic acid, hydroxypropyl cellulose, croscarmellose sodium, magnesium stearate, food glaze, methylcellulose, polyethylene glycol.

Directions: Adults: take one tablet daily **at meal-time**. Keep bottle tightly closed. Store away from heat and moisture. Color variations may occur.

This formula is prepared to disintegrate over a period of up to 1 hour.

✓ **Gluten-free**
✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Magnesium is an essential mineral involved in hundreds of normal body functions. Some of the most important include promoting cardiovascular system health and supporting muscle function and bone health.* **Chelated Magnesium** contains magnesium bound to the amino acid glycine to promote optimal absorption.

POTENCY & QUALITY GUARANTEED

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