

Melaleuca
AM
 NUTRITION FOR WOMEN

Vitality4

Vitality Multivitamin & Mineral™ (1)
 Vitality Calcium Complete™ (2)
 CellWise® (1)

oligo

Melaleuca
PM
 NUTRITION FOR WOMEN

Vitality4

Vitality Multivitamin & Mineral™ (1)
 Vitality Calcium Complete™ (2)
 CellWise® (1)
 Flority® (1)

oligo

Melaleuca

Vitality4TM

ESSENTIALS

4 Patent-Pending or Proprietary Formulas

1. Energy & Well-Being
2. Bone Health
3. Antioxidant Protection
4. Digestive Health

POWERED BY
oligo

DIETARY SUPPLEMENT
 30 AM & 30 PM Packets

Nutrition for Women

Directions: Take one AM packet in the morning and one PM packet in the evening, preferably with meals.

Supplement Facts

Serving Size 1 Packet

	AM Packet	PM Packet
Amount Per Serving	% Daily Value*	% Daily Value*
Vitamin A (as beta-carotene)	2750 IU 55%	2750 IU 55%
Vitamin C (as ascorbic acid)	225 mg 375%	225 mg 375%
Vitamin D (as cholecalciferol)	300 IU 75%	300 IU 75%
Vitamin E (as d-alpha tocopheryl succinate, d-alpha tocopherol)	45 IU 150%	45 IU 150%
Vitamin K (as phytonadione)	14 mcg 18%	14 mcg 18%
Thiamin (as thiamine HCl)	7.5 mg 500%	7.5 mg 500%
Riboflavin	8.5 mg 500%	8.5 mg 500%
Niacin (as niacinamide)	37.5 mg 188%	37.5 mg 188%
Vitamin B6 (as pyridoxine HCl)	5 mg 250%	5 mg 250%
Folate (as folic acid)	400 mcg 100%	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	6 mcg 100%	6 mcg 100%
Biotin (as d-biotin)	150 mcg 50%	150 mcg 50%
Pantothenic Acid (as calcium pantothenate)	10 mg 100%	10 mg 100%
Calcium (as calcium carbonate, dicalcium phosphate, calcium citrate, calcium gluconate, calcium amino acid oligofructose complex)	662.5 mg 66%	662.5 mg 66%
Iron (as iron amino acid oligofructose complex)	4.5 mg 25%	4.5 mg 25%
Iodine (as iodine amino acid oligofructose complex)	75 mcg 50%	75 mcg 50%
Magnesium (as magnesium oxide, magnesium lactate, magnesium citrate, magnesium amino acid oligofructose complex)	200 mg 50%	200 mg 50%
Zinc (as zinc amino acid oligofructose complex)	7.5 mg 50%	7.5 mg 50%
Selenium (as selenium amino acid oligofructose complex)	52.5 mcg 75%	52.5 mcg 75%
Copper (as copper amino acid oligofructose complex)	1.5 mg 75%	1.5 mg 75%
Manganese (as manganese amino acid oligofructose complex)	1.25 mg 63%	1.25 mg 63%
Chromium (as chromium amino acid oligofructose complex)	60 mcg 50%	60 mcg 50%
Molybdenum (as molybdenum amino acid oligofructose complex)	37.5 mcg 50%	37.5 mcg 50%
Mixed Tocopherols (containing d-beta, d-gamma, and d-delta tocopherols)	16 mg †	16 mg †
Mixed Carotenoid Blend (containing alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	500 mcg †	500 mcg †
Lycopene	1.5 mg †	1.5 mg †
Olive (fruit) Extract	75 mg †	75 mg †
Grape Seed Extract	12.5 mg †	12.5 mg †
Proprietary Blend (Flority)		5 billion cfu
Lactobacillus acidophilus, Bifidobacterium lactis		
Proprietary Blend (Flority)		15 mg †
Calcium Phosphate, Fructooligosaccharides		
Boron (as boron amino acid oligofructose complex)	75 mcg †	75 mcg †

*Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, hydroxypropyl methylcellulose, silicon dioxide, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, polyethylene glycol, sodium starch glycolate, titanium dioxide, stearic acid, calcium stearate, vanillin, caramel.