



Kid's Chewable Vitamins & Minerals

Blue Raspberry Flavor

DIETARY SUPPLEMENT

Supports Healthy Growth and Development*

180 Tablets

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% DV
Total Carbohydrate	1 g	<1%**
Vitamin A (from 2500 IU beta carotene & 2500 IU palmitate)	5000 IU	100%
Vitamin C (from calcium ascorbate)	120 mg	200%
Vitamin D3 (as cholecalciferol)	600 IU	150%
Vitamin E (as d-alpha tocopheryl succinate from soy)	60 IU	200%
Vitamin K1 (as phylloquinone)	80 mcg	100%
Thiamin (Vitamin B1)(from thiamin mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as niacinamide)	5 mg	25%
Vitamin B-6 (as pyridoxine hydrochloride)	2 mg	100%
Folate (folic acid)	300 mcg	75%
Vitamin B-12 (as cyanocobalamin)	6 mcg	100%

Other Ingredients: Fructose, xylitol, microcrystalline cellulose, stearic acid, magnesium stearate (veg.), dicalcium phosphate, food glaze, potassium bitartrate, maltodextrin, citric acid, blue raspberry flavor, hydroxypropylcellulose, ethylcellulose, blueberry powder, mannitol, spinach powder, apple powder, carrot powder.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

✓ **Preservative-free** ✓ **Milk/Casein-free** ✓ **Vegetarian**

POTENCY & QUALITY GUARANTEED

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	Amount Per Tablet	% DV
Biotin	150 mcg	50%
Pantothenic Acid (from d-calcium pantothenate)	10 mg	100%
Calcium (from calcium citrate, calcium ascorbate, d-calcium pantothenate, dicalcium phosphate)	57 mg	6%
Iron (from iron glycinate chelate)	9 mg	50%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (from magnesium oxide)	25 mg	6%
Zinc (from zinc oxide)	7.5 mg	50%
Selenium (from selenomethionine)	35 mcg	50%
Copper (from copper gluconate)	1 mg	50%
Manganese (from manganese sulfate)	1 mg	50%
Chromium (from chromium nicotinate)	60 mcg	50%
Lemon Bioflavonoids Complex	10 mg	†

† Daily Value (DV) not established.

** Percent Daily Values are based on a 2,000 calorie diet.

Directions: Adults: Chew one tablet daily. Children 4 years of age and older: Chew one tablet daily. Keep bottle tightly closed. Store away from heat and moisture.

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin without first consulting with your physician.



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