

David Winston's
PHYTOCALM™



**Promotes
Restful Sleep***

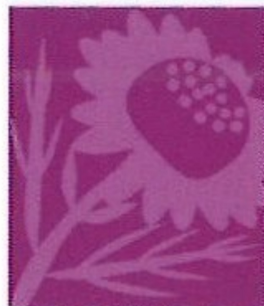
2 fl. oz. (60 mL)
HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST

Supplement Facts

Serving size 80 drops (4 mL)
Servings per container 15

Amount Per Serving



Proprietary Blend 4 mL†
Extracts of SKULLCAP flowering
tops ♦, HOPS strobiles Δ, OAT
milky seed ♦, PASSIONFLOWER
herb Δ, CALIFORNIA POPPY
whole plant Δ, VALERIAN root ♦

† Daily value not established.

Other ingredients: Distilled
water, ethyl alcohol ♦.

♦ Certified Organic
Δ Ecologically Harvested

Suggested use: 40-80 drops (2-4 mL)
ideally in Chamomile tea. Can also
be taken in juice or water. Take in the
evening. Shake well before using.
Contraindications: Use of large
quantities may cause drowsiness
and temporarily impair motor skills
(driving, etc.).

KEEP OUT OF CHILDREN'S REACH

***This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.**

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