



MCT & Omega-3

with Coconut Oil

DIETARY SUPPLEMENT

Supports Energy Production and Fat Metabolism*

60 Soft Gels



*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Serving	% DV
Calories	15	
Total Fat	1.5 g	2%**
Saturated Fat	0.5 g	3%
Fish Oil	600 mg	†
EPA (Eicosapentaenoic Acid)*	180 mg	†
DHA (Docosahexaenoic Acid)*	120 mg	†
Medium Chain Triglyceride Oil (NLT 95% Caprylic and Capric Acid)	300 mg	†
Organic Virgin Coconut Oil (NLT 40% Lauric acid)	300 mg	†
** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established. *Reported as triglycerides.		

Other Ingredients: Non-GMO mixed tocopherols. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, mackerel).

Directions: Take one soft gel up to five times daily, at **mealtime**. May appear cloudy below room temperature.

Get two of the most important healthy fats in a single supplement. MCT & Omega-3 provides medium-chain triglycerides (MCTs) from coconut oil and omega-3 fatty acids from fish oil. MCT & Omega-3 promotes energy production and supports heart, brain, vision, and joint health.*

✓ **Preservative-free** ✓ **Salt-free** ✓ **Gluten-free**

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PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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888-234-5656 • 847-255-1600

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