

Natural
E
Source



E•Gems®

800 IU (536 mg)

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

100 Soft Gels

Carlson Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 100

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acetate from soy)	536 mg	3573%

Other Ingredients: Soybean oil, Soft Gel Shell
(Beef gelatin, glycerin, water).

Directions: Adults take one soft gel daily **at mealtime**.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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E-Gems® provide 800 IU of natural-source vitamin E per soft gel. Natural-source vitamin E is a powerful antioxidant that promotes cardiovascular system health.* Natural-source vitamin E is twice as active inside our body as synthetic vitamin E (by weight).

✓ **Gluten-free**

✓ **No Artificial Preservatives**



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